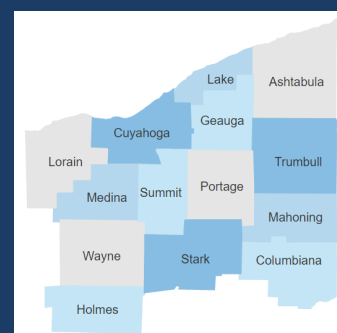


Ohio PREP

Personal Responsibility Education Program District 2 Newsletter Volume 2 Issue 2



District 2 Virtual Coalition Meeting May 19, 2021 10:00am-12:00pm

Mindfulness

Presented by: Rebecca Coiner
Ohio PREP D2 Trainer
OhioGuidestone

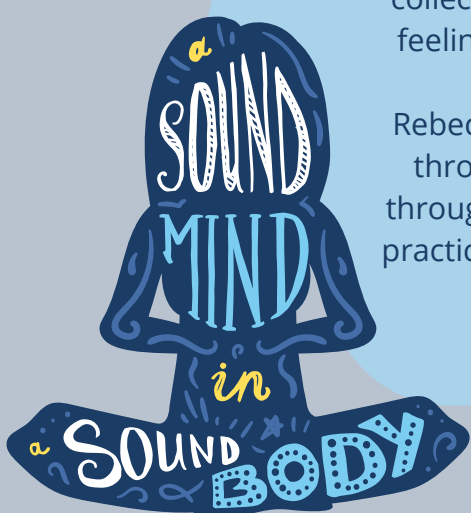


Mindful Movement and Yoga allows us to connect with our bodies, cultivate the mind body connection, and sustain wellbeing over time. These practices cultivate individual and collective healing and wellbeing as well as support you in feeling better internally and support our external world.

Rebecca became certified in the SEL Foundations Course through Breathe For Change. She is excited to lead us through social-emotional learning, mindfulness, and yoga practices. Ohio PREP plans to bringing these practices into our classes and community.

For more information on Breathe For Change visit: www.breatheforchange.com

Please RSVP by 5/14/21 to Maurice Cole at mcole@ccbh.net. Meeting ID and password will be sent with confirmation of registration.



VIRTUAL YOUTH PROGRAMMING

MAKING PROUD CHOICES!

AN EVIDENCE-BASED, SAFER-SEX APPROACH TO TEEN PREGNANCY + HIV/STD PREVENTION IS AN 8-MODULE* CURRICULUM THAT PROVIDES ADOLESCENTS WITH THE KNOWLEDGE, CONFIDENCE + SKILLS NECESSARY TO REDUCE THEIR RISK OF STDs, HIV + PREGNANCY BY ABSTAINING FROM SEX OR USING CONDOMS IF THEY CHOOSE TO HAVE SEX.

*8 SEX ED MODULES + 5 ADULTHOOD MODULES

FOR MORE INFORMATION OR TO SCHEDULE A SESSION, CONTACT:

DISTRICT 2 NORTH:

REBECCA COINER
REBECCA.COINER@OHIOGUIDESTONE.ORG
216.219.5871

DISTRICT 2 SOUTH:

MOLLY MALLOY
MMALLOY@CANTONHEALTH.ORG
330.489.3322



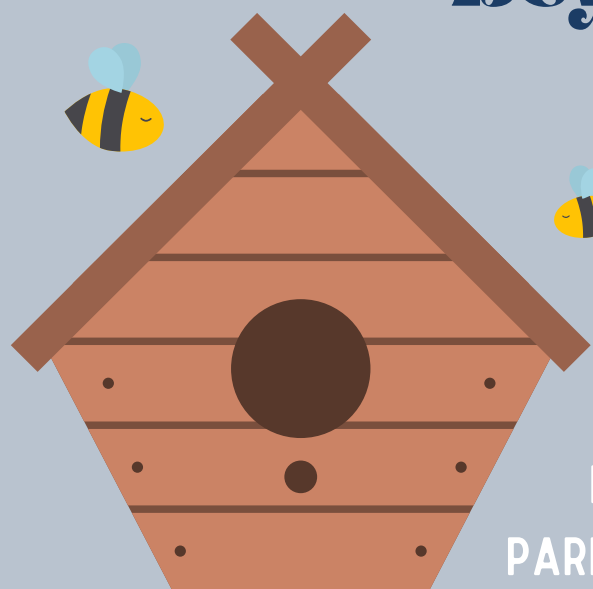
In-person Reducing the Risk is available to agencies with trained staff.

VIRTUAL TRAINING

Beyond the Birds & Bees

TRAINING GOAL: INCREASE THE ABILITY FOR ADULTS TO TALK WITH YOUNG PEOPLE ABOUT SEX, USING ACCURATE INFORMATION & RESOURCES.

TARGET AUDIENCE: YOUTH SERVING PROFESSIONALS, DETENTION OFFICERS, PARENTS, SOCIAL WORKERS, FOSTER PARENTS.



For more information or to schedule a session, contact:
Erin Lark at elark@ccbh.net or 216.201.2001 ext. 1326

For more information, contact:

Erin Lark

Ohio PREP District 2 Coordinator
Cuyahoga County Board of Health
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